

CFBHPP Committee

Meeting Summary

March 9, 2006

Henrico CSB – Conference Room C

Glen Allen

Welcome and Introductions

Brian called the meeting to order and there were introductions of members present. Meeting summary, any changes. Motion Wayne second Sandy B.

Celebrations

- Brian – announced the VTTC annual Spring Forum on Autism Spectrum Disorders, how to address the needs and treat those kids. Three workshops scheduled the day before on assessments. \$45 registration fee.
- Wayne celebrating he's in the zone.
- Don Georgetown - TA conference call April 20 financing strategies on SOC. Commonwealth Center willing to host individuals wishing to attend. 1:00-2:30.
- Barbara Shue – happy to be back after surgery.
- Joanne VDH screening for 17 disorders.
- Martha – announced the Adolescent ASAM Patient Placement Criteria: Understanding, Using and Implementing the Adolescent ASAM PPC-2R. Also updated committee about the summer institute, scheduled for July 17-21 at the College of William and Mary. Conference theme: 2006 Toward More Positive Outcomes. Several featured speakers are planned to deal with gender issues for adolescents, re-entry issues, adolescent assessment, re-entry for women, sustainability of outcomes are a few of the sessions planned.
- Kay – JJ subcommittee met.
- Kim – pleased about the newborn screening – happy she does not have to deal with transportation. None of the budget items from the committee were included, more successful in getting \$1.5 million for adult forensic services. Joint Commission is planning a study on follow-up of premature babies who may not be Part C eligible.
- Bela – looking at developing collaborative relationships for workforce development and training practitioners who work with children with behavioral health issues. Considering tele-medicine, child psychiatrists to serve as consultants around children's mental health issues.
- Wayne – JLARC study of inpatient psychiatric facilities.
- Joyce – the VA INFO conference
- Charline – updated committee on the work of the outcomes committee.
- Catherine – monitoring federal activities related to Medicaid.

- Jeanette – Dr. Russo is coming to Virginia for a conference to talk with practitioners and attorneys about competency issues. Primary audience is the attorneys who practice in juvenile court. Cost \$60 per person.
- Kim – recruiting for part-time family representative. JLARC conducting a study of CSA. Asking members to send information about training to the CSA web sites.
- Mary Dunne Stewart – published an advocacy manual for parents and it is available on the Vakids.org
- Pat – approaching 4th year cancer free.
- Sandy – son is back on his feet with every 3-month checkup.
- Gina – M-T-W training institute, training for the 0-3 infant mental health. Three days of training every quarter for a year.
- Vicki – more available to come to meetings.
- Shirley – funding for the children's initiatives are still in the budget. Hired evaluator for SOC projects and an administrative assistant. Substance Abuse Office funded 5 detention centers. With new money, could be 19 or 20 detention centers.
- Fran – recruited new Executive Director for Medical Home Plus. Vicki increasing her time with resource coordination. Data collection system in place, what are families calling in for, are their needs being met, what are professionals and providers looking for. VA INFO, first statewide conference. Statewide conference July 28 & 29, 200 participants (100 families/100 professionals).

Committee Reports

• Use of state facilities for children

Don Roe and Sandy Bryant

The first meeting in Lynchburg was held on February 23rd. Copies of minutes were distributed to the committee. It was an organizational meeting, purpose of the group, opportunity to discuss issues March 24 meeting at the Southwest Training Institute. April 28 at the Commonwealth Center. Facilities serve different populations and do different things. Plan to collect demographic data, to get input from CSBs, talking about bed use, what they want for these facilities, plan to bring recommendations to the next meeting. Ten questions from the Department need to be addressed by this committee. Kim requested that the committee look at the data from the CSA related to high need areas, how to cut the data. This will be a second step for this committee. Regarding acute care, entire state is on diversion; it would be useful for this group to make statements about how long this is occurring. Important to look at the data that the Department collects on acute care facilities, the data reflects that the number of beds is going down, average daily census is going down in both facilities however admission rates are going sky high, for shorter lengths of stay. Need to look at patient days, how other states track this type of data, quarterly data on bed utilization needs to be changed, how children were admitted, and what were the needs of these children. Data about staff patient ratios, similarities and characteristics of patients are two important pieces of data that needs to be collected. Several Department staff and facilities met with detention centers and this group will make recommendations.

Custody relinquishment and out of state placement, Vickie Johnson Scott agreed to draft an action plan from the policy academy. Vickie is presenting it to the SEC March 31st. Shirley will get copies of the report and disseminate to the committee. Don will get copies of the recommendations for the committee.

- **Joint workgroup with SLAT - residential treatment** **Pat Haley**

Pat disseminated a report Expanding Innovative Community Services from the Joint Task Group. Meeting planned for the week of March 13, recommendations from this committee will be disseminated to this group.

- **Governor's Transformation Initiative and workgroups**

There have not been many meetings. Services and communication teams have not met. Committee will be notified when the committees met.

Mental Health Planning Council has met. Pulling together groups similar to what is already occurring and Fran stressed the importance of integrating the work of the Council with these other committees.

VA INFO Center Update

Fran Gallagher

Discussed during the celebrations.

Office of Child and Family Services Update

Shirley Ricks

Discussed during the agenda item the Governor's Transformation Initiative.

Substance Abuse Coordinator Workgroup

Shirley Ricks

The Department has a federal grant to hire a substance abuse coordinator. As part of the grant responsibility, there must be an advisory committee. The workgroup needs to be up and running, task of the advisory group respond to the SA needs of children and adolescents in the Commonwealth, a workgroup is needed to focus on SA. What needs to happen to increase capacity; funding, systems work, etc. Workgroup was originally seen as a sub-committee to the CFBHPP committee. Licensure, organizations that certify SA providers, need to get the workgroup going even though the SA Coordinator has not been hired. Looking for volunteers to serve on the SA workgroup. Mary Dunne Stewart, Bela Sood, and Jeanette DuVal volunteered to serve on this workgroup. Shirley encouraged others to consider volunteering and to let us know. Workgroup will meet every other month, first meeting will be organizational, and how issues get identified may determine the frequency of meetings. Shirley requested the opportunity to do a presentation at the next meeting about SA. Fran will ask a parent to serve and a newly retired SA counselor to join the committee. Suggestion, make a request at the MH

Planning Council. SA and co-occurring disorders will be the focus of this workgroup. Agency representatives will be asked to participate.

Discussion about training institutes sponsored by Georgetown are planned for the summer, the institute will be held in Orlando Florida, discussion about looking at creative ways to enable several individuals to attend. Kim has explored chartering a bus. The conference is \$700 per person, round trip airfare approximately \$300.

2006 Report

Brian Meyer

Areas to address in Report

I. Update

- 1) This year's efforts
- 2) General Assembly Funding and our 2005 recommendations

II. Issue

1) Populations

Autism Spectrum Sandy { Kids aging out }
Substance Abuse { Targets: Out of state }
MR { High dollar }
{ Co-occurring – children with physical disabilities/MH, MR/MH, MH/SA }
{ Screening }
{ EPSDT }
Sexual Offenders }

2) General – Theme of Evidence-Based Practices

Infrastructure
building

Link primary care & BH/Co-location/Medical Home
Prevention
MH in schools
Community-based services/SOC
Public-private partnerships/collaboration
Capacity – CSBs, communities, workforce
Community mission/values/principles

Collaboration –

Mandating or Incentivizing
Family stories & quotes
Fran, Vicki, and Joyce

No one population is excluded in a SOC

Equal access regardless of services, system of funding

System inflexibility

Levels of expertise in the workforce and their development

Levels of report

Basic themes

Special issues

Populations where we see those issues and themes

Shortages of other workforces - allied health

SW/OT/PT

Financial reimbursement rates

Lloyd

Structure of the report

Updates

1&2

Shirley and Mary Ann

- SOC
- MH/DJJ

Brian

- Comparison

General themes and principles and barriers and solutions

{ Capacity

{ Access

Elimination of barriers

Bela & Harry

{ Workforce – add training

Needs, problems, barriers and data

Collaboration and Integration and Partnerships

{ Infrastructure

{ Early intervention

Bela & Harry

{ Community ownership

Collaboration & partnership

Wayne

We can't afford not to do this

Difficulty in obtaining data to determine outcomes and cost

Specific examples -

Benefits

Cost benefits

Costs within a population

Bela & Harry

Vicki & Fran

Specific populations

Autism Spectrum Disorders

Co-occurring

Brian & Martha

Tying it all back to what a system could or should do

Not just throwing dollars away at high cost services (including JJ) because of the lack of prevention, early intervention

Low-end and mid-intensity services

Capacity

{Financial disincentives to keep kids local if sent to CJ, don't have to pay
School issues related to CJ Don

High end services Fran & Brian

Shift to a different system, eligibility and financial effects of being there -

Data from

Difficulty obtaining data

Harry

	VA INFO	Fran
	SOC pilots	Shirley & Mary Ann
	CSB/Detention Centers	Shirley & Mary Ann
Gaps #s	Cost benefit analyses	Bela
Services	State institutions re bed needs	Don
Longitudinal	Licensed and staff beds	Shirley
Costs		
Family		
Professional collaboration		Lloyd

Wait lists - CSBs

Custody relinquishment	
Costs of boarding	
Residential costs	\$185 million
Family satisfaction	Fran & Martha
Workforce	Brian, Harry, Wayne & Shirley
Lost productivity	Vicki & Fran

Pertinent points from the discussion:

- Focus on three to five things, the question is what does the committee want to prioritize in the report
- Given the overlap, where does the committee want to put the emphasis
- Focus on autism spectrum and SA co-occurring with mental illness
- In the context of the various initiatives, how to deal with those kids who are high end
- Workforce development, need to talk about workforce development with each of the priority areas
- Need to emphasize SOC dealing with co-occurring disorders, essentially establishes improved services to all children
- Building foundation for dealing with all of these issues, foundation needs to be strong, need foundational capacity to build a system and not deal with issues piecemeal

- How do we move toward health families, healthy children, need to formulate a vision of community and what's good for children. Need to revisit values and principles
- Need to identify the themes of workforce, SOC, and capacity
- Need to evaluate the work around last year's report and to strategize what the committee did well and where do we need improvement, identifying areas of weaknesses and strengthening parent participation
- Important to build on what the committee did with last year's report
- Committee needs to become more savvy about how to advocate with various constituencies
- SOC and next steps as the key theme and where do we go from here, lessons learned, additional development, how do we take the next steps related to SOC.
- Can another audience be communities, there is a great deal each of us can do in our own worlds, demonstrating success in local communities, essentially operationalize the outcomes. Compile what local communities are already doing, more power reaching out to communities, SOC conference for communities. The issue is how to cultivate a collaborative culture
- Significant number of families are requesting home schooling, children in schools are being diverted to juvenile justice system as are children with behavioral health issues
- OCFS plans a meeting with DOE regarding mental health services in the schools. National Center for School Mental Health may be a resource for Virginia
- For future discussion; the need to begin a discussion about how to grow leadership

Next month's agenda:

What are we going to do about recommendations?

Do we ask for new money?

What do we do about non-funding recommendations?

Presentation about SA and the infrastructure grant - OCFS

Report Writing Committee

Brian Meyer

- Volunteers for the committee: Vicki, Fran, and Joyce, Don, Barbara, Wayne, Sandy, Harry, Bela, Mary Dunne Stewart, Martha, and Lloyd
- Last hour of the regular meeting will include a meeting of the writing committee.
- Due before the next meeting, week of April 6th, outline of section due to MAD
- Does the committee want to use a shared line portal? No.
- Timeline
 - April 6 – Outlines to MAD
 - April 13 – Meet
 - Sections due April 27th to Brian
 - May 11 – Meet
 - Corrections/changes
 - May 19 or 22 report complete.

Adjourn

The next meeting of the CFBHPP Committee is scheduled for April 13, 2006 and will be held at the Henrico CSB in Conference Room C.